The theme for Family Literacy Day 2023 is “**Celebrate your Heritage**.” [Learn more about the national theme from ABC Life Literacy Canada here](https://abclifeliteracy.ca/all-programs/family-literacy-day/).

To celebrate Family Literacy Day and Family Literacy Week in our province, the Saskatchewan Family Literacy Hubs and the Saskatchewan Literacy Network have created social media posts for you to share with families in your class, program, or community. It is designed as a 10-day countdown to Family Literacy Day, but feel free to use them in the way that fits best for your community. Download any or all these family-focused posts about dance, music, stories, language, land, and more!

Download the images for these posts from Dropbox here (copy and paste the link)

<https://www.dropbox.com/sh/9t6dycgl3rkg17q/AAByhkvP4myO0D18G5ZH2VWaa?dl=0>

[Download the images for these posts from the SaskLiteracy website here](https://saskliteracy.ca/fld-10-day/).

[These resources (text and images) are also available in French here](https://saskliteracy.ca/fld-10-day/).

# January 16, 2023

**Family Literacy is Every Day!**

Family Literacy Day is coming soon! Family literacy is learning through what you do every day as a family: sharing food, music, stories, language, and more! For the next 10 days, we'll post ideas your family can explore. Look for events in your area, too! [www.saskliteracy.ca/familyliteracyday](https://saskliteracy.ca/familyliteracyday/)

#FamilyLiteracyDay #FamLitHub #FLD2023 #SaskLiteracy

*Image alt-text: A multi-generational family is sitting together on a sofa. There is an adult and an older adult sitting on either side of a young child. The child has a book open on their lap. The family is looking at the book's pages and sharing a story together.*

# January 17, 2023

**Celebrate Food!**

Family Fun: Cooking together is a great way to build skills (numeracy, following instructions, and more). When you cook together, you can teach safety, share language and stories… and you’ll have a great snack at the end, too!

Fun Fact: Exploring different cultures helps us try new foods.

#Recipes #FLD2023 #FamilyLiteracyDay #FamLitHub

***Twitter version***

*Family Fun: Cooking together builds skills (numeracy, following instructions). You can teach safety, share language and stories… and you’ll have a great snack at the end!*

*Fun Fact: Exploring cultures helps us try new foods!*

*#Recipes #FLD2023 #FamilyLiteracyDay #FamLitHub*

# January 18, 2023

**Share Language!**

Family Literacy: Talking together is the foundation for learning! When you speak your home language together as a family, you are sharing your heritage. Explore additional languages to learn more about other cultures. You can try these free dual-language booklets, too! [https://saskliteracy.ca/family-literacy-resources](https://saskliteracy.ca/family-literacy-resources/).

#HomeLanguage #FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy

***Twitter version***

Talking together is a foundation for learning! When you speak your #HomeLanguage together, you are sharing your heritage. Explore new languages to learn more about other cultures. Try these dual-language booklets, too! [saskliteracy.ca/family-literacy-resources](https://saskliteracy.ca/family-literacy-resources/)

#FLD2023 #FamLitHub #SaskLiteracy

# January 19, 2023

**Dance together!**

Family Literacy: Dance is a great way to move our bodies and learn together as a family. Many cultures use dance as a way to communicate, celebrate and build social skills. For ideas and to learn more: [activeforlife.com/dance](https://activeforlife.com/dance/)

#Dance #PhysicalLiteracy #FLD2023 #FamilyLiteracyDay #FamLitHub

***Twitter version***

*Family Literacy: Dancing is a great way to move our bodies, learn together as a family, and have fun! Many cultures use #dance to celebrate and to build community. For dance and #PhysicalLiteracy ideas:* [activeforlife.com/dance](https://activeforlife.com/dance/)

*#FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy*

# January 20, 2023

**Learn from the Land!**

We can learn so much from the world around us, and the land we live on, too! All cultures have different traditions based on the lands where they live. Go outside: what changes do you see happening in nature or in your community?

#LearnFromTheLand #TheLandTeachesUs #FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy

***Twitter version***

*We learn so much from the world around us! All cultures have traditions based on the lands where they live. You do, too! #GetOutside: what changes do you see? What is happening in nature? In your community?*

*#LearnFromTheLand #FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy*

# January 21, 2023

**Clothing Connects to Culture!**

Family Literacy: Clothing is one way to Celebrate your heritage! All around the world, families can wear certain clothes during certain times of the year. This could be for celebrations or events, or based on local style (and weather)!

 #FLD2023 #FamilyLiteracyDay #FamLitHub

***Twitter version***

*Family Literacy: Clothing can show our heritage! All around the world, families wear certain clothes during certain times of the year. This could be for celebrations or events, or based on local style! #CelebrateYourHeritage*

*#FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy*

# January 22, 2023

**Explore Art!**

Family Literacy: Making #art helps us be creative and build skills. Every piece of art shares a story. You can make your own (even if you think you're not an artist!). What art is in your community? What can you make together?

#FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy

# January 23, 2023

**Share Stories!**

Family Literacy: We connect and learn from each other when we share stories together as a family. Talk about your day, ask questions, share stories about family and friends. For story sharing ideas: www.saskliteracy.ca/shadd

#FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy

# January 24, 2023

**Make Music!**

Family Literacy: Music benefits us all, at any age! We improve our language and physical skills, and build connections to family and our communities. You can even make instruments at home (from pots and spoons, or from boxes and rubber bands!) For ideas: <https://takelessons.com/blog/homemade-musical-instruments-z15>.

#Music #FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy

***Twitter version***

*Family Literacy: #Music benefits us all! We improve our language and physical skills; build connections to family and community. Make instruments at home (even from pots and spoons!) For ideas:* [*takelessons.com/blog/homemade-musical-instruments-z15*](https://takelessons.com/blog/homemade-musical-instruments-z15)

*#FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy*

# January 25, 2023

**Celebrate Traditions!**

Family Literacy: Creating and celebrating family traditions help a family bond together. Your traditions (new and old) reflect your family's values, interests, or beliefs. Traditions passed down through the generations are special to your family: it’s like your own family culture!

#Traditions #FamilyLiteracyDay #FamLitHub #FLD2023 #SaskLiteracy

***Twitter version***

*Family Literacy: Creating and celebrating #traditions help families bond. Your traditions (new and old) reflect your family's values, interests, or beliefs. #Traditions are special to your family: like your own family culture!*

*#FamilyLiteracyDay #FamLitHub #FLD2023 #SaskLiteracy*

# January 26, 2023

**Sing Songs!**

Family Literacy: Singing helps us feel happier, and it strengthens our heart and lungs, too! You can get silly with songs: make up words or add actions. Try listening to familiar songs in a new language. Songs help us express our emotions, tell stories, and share our culture, too.

#Singing #Culture #FLD2023 #FamilyLiteracyDay #FamLitHub

*Twitter version*

*Family Literacy: #Singing helps us feel happier, and strengthens our heart and lungs! Get silly: make up words, add actions. Try listening to familiar songs in a new language. Songs help us share emotions, stories, and culture, too.*

*#FLD2023 #FamilyLiteracyDay #FamLitHub #SaskLiteracy*

# January 27, 2023

**Happy Family Literacy Day!**

Happy #FamilyLiteracyDay! Everything we do together as a family helps us learn: sharing food, music, stories, language, and more! Enjoy time together at home; #GetOutside and explore; look for events in the community, too! [www.saskliteracy.ca/familyliteracyday](http://www.saskliteracy.ca/familyliteracyday)

#FamLitHub #FLD2023 #SaskLiteracy